Students nominate mentors for appreciation

BY JASMINE THOMAS
FLASHLIGHT CONTRIBUTOR

Students nominated their mentors of faculty and staff to show their appreciation for them in honor of the 18th annual Mentor Appreciation Celebration.

The event was sponsored by the President’s Commission on the Status of Women. Held in North Manser, the event took place on Tuesday, March 22. It opened with a speech from the president of PCSW, Gretchen Scherist. In total there were ten faculty and staff members nominated for the event. These nominations were submitted by email to the committee. Each mentor sat with the nominators at a decorated table. The first to speak was Jasmine Thomas, whom nominated K. Sue Young. The event was catered by Sodexo. The tables were decorated accordingly with powerful quotes from famous women that impacted history; International Women’s day had just passed.

The nominators were to submit a paper on how their mentor has impacted their lives and why they should be shown appreciation. Then the students were given a copy of what they submitted to be read aloud to their mentor and the audience. Some read what they submitted, and others spoke from the heart. It was an emotional event, where many were recognized for all that they do for campus and the students. Many nominators were overwhelmed with emotion when thanking their mentors for impacted their lives. As were some nominees that did not expect the thanks. One professor at the event did not even know she was nominated until only a couple hours before the event took place. After each speech an award was given to the faculty or staff nominated and their pictures were taken. Mansfield University President, Scott Barton also spoke to the audience. He expressed his warmth for the event and how it is important for people to nominate their mentors and show them their appreciation. The event lets these mentors be recognized and supported for all the work that they do.

Continued on page 3

APSCUF working to bring affordable tuition to students

BY EMMA LYNCH
EDITOR-IN-CHIEF

The Association of Pennsylvania State College & University Faculties has partnered with the organization Pennsylvania Promise to try and bring affordable education to the Commonwealth.

Pennsylvania Promise is an organization that is dedicated to changing how the Commonwealth handles higher education. Their current goal is to change the legislation so that the state is providing much more financial help to college age students than they currently are.

“The past few years there have been several researched reports done,” Dr. Kenneth Mash, current president of the state chapter of APSCUF, said. “Our universities rank in the bottom 60% when it comes to family income and we are ranked 40 out of all 50 states for number of adults with degrees.”

More specifically, high school students are choosing not to attend college at all because of the lack of financial aid and an inability to pay for college on their own. Many of those who do attend college either leave partway through, again due to a lack of funding, or they leave thousands of dollars in debt.

“It hurts the economy,” Mash said. “Students are often leaving college at least $30,000 in debt, which holds them back. That money is going to banks instead of the economy, because these students can’t afford to buy a house or a car.”
**POLICE BEAT**
- Anyone with information on any these events are encouraged to contact the Mansfield University Police at 570-439-4900 -

- 3/23/18 - On February 11, 2018, on the 4 Floor North of Spruce Manor University Police staff observed an incident involving suspicious activity via the CCTV surveillance system in the corridor outside room 419. A subsequent investigation determined that Dominic Anastasi, 19, was the individual involved and that he had urinated in the corridor outside the room. Additionally, it was found that the fire equipment in the shared space of the living unit that he shared with James Nause, 20, had been tampered with. Both individuals have been referred to the university disciplinary system for further action.

- 2 - The Flashlight Mansfield University Friday, April 6, 2018

**Weekly Weather**

<table>
<thead>
<tr>
<th>Day</th>
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**World News**

**Headlines from across the planet**

- **4/4/18 - A dozen black holes might be lying at the center of the galaxy**
  - New analysis provides support of decades-old belief that “supersmassive” black holes at the center of galaxies are surrounded by many smaller ones
  - Previous searches of the Milky Way’s center, where nearest the nearest black hole is located, have found little evidence for this
  - Charles Hailey from Columbia University in New York, and his colleagues, used archival data from NASA’s Chandra X-ray telescope to come to their conclusions
  - They reported a dozen inactive and low-mass “binary systems”, in which a star orbits an unseen companion - the black hole

- **4/4/18 - The US commemorates the legacy of Dr. Martin Luther King Jr. who was assassinated 50 years ago**
  - The Memphis motel where he was shot held a day of performances and speeches
  - A private sermon was given at the church where Dr. King delivered his “I’ve been to the mountaintop” speech the night before he was killed
  - Now seen as an American hero, Dr. King (known to many as MLK) was very controversial during his time
  - He was killed in a motel in 1968

- **4/4/18 - Mystery Stingray devices discovered in Washington**
  - Spy kits that can track mobile phones and intercept calls and messages have been discovered in Washington and beyond
  - Department of Homeland Security says it has observed “anomalous activity” consistent with the use of the so-called stingrays
  - The device will also gather information about phones of bystanders nearby
  - Yemeni authorities have also said she was lucky to not have been bitten

- **4/4/18 - The UK’s Victoria and Albert Museum has offered to return treasures to Ethiopia seized by British troops in 1868**
  - The items include a royal wedding dress, a gold crown, and a gold chalice
  - It is the size of a briefcase and sends out signals to trick phones into transmitting their location and identifying information
  - The device will also gather information about phones of bystanders nearby
  - The device was used in New York City

- **4/4/18 - The UK’s Victoria and Albert Museum has offered to return treasures to Ethiopia seized by British troops in 1868**
  - The overture came as some of the objects go on display until June 2019 at the museum in London to mark the anniversary of the Meskal battle in 1868
  - The items would remain the property of the museum but would be returned to Ethiopia on long-term loan
  - The items were seized during a military campaign in the 19th century
  - The museum is one of the largest in the world
  - The museum is one of the largest in the world

- **4/4/18 - An Indian woman is lucky to be alive after fighting off a tiger that attacked her goat**
  - Rupali Meshram, 23, ran out of her house after hearing her goat scream. She picked up a stick and hit the tiger with it, which then attacked her
  - Her mother saved her by pulling her back into the house
  - Both women sustained minor injuries, the goat did not survive
  - The incident occurred last week but has only just come to light
  - The doctor who treated her praised her "exemplary courage" but also said she was lucky to not have been bitten

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APSCUF working to bring affordable tuition to students - Continued from page 1

Pennsylvania Promise’s website papromise.org lists the specific goals that will allow affordable college to become the norm in Pennsylvania. There are four goals of the organization: cover two years of tuition and fees for recent high school graduates who are enrolled full-time in one of the 14 community colleges (Mansfield University included); cover four years of tuition and fees for high school graduates that are accepted to one of the 14 universities and with a family income that is less or equal to $110,000 per year; provide four years of tuition and fees not to exceed the State System tuition rate, depending on family income, for students accepted into a state-related university; and finance the expansion of grant assistance for adults looking to get credentials in in-demand or industry-recognized skills, as well as college credit.

Recognizing dehydration and the importance of drinking water

BY OLIVIA MOATS
FLASHLIGHT CONTRIBUTOR

With the increase of temperatures and physical activity that summer brings, dehydration becomes a more pressing concern. It is extremely easy to become dehydrated and never notice, which can lead to dangerous side effects.

The average person’s body is about 70% water, and when the body is not getting enough of the fluid, it sends out signs. Most of these signs are brushed off or not connected with dehydration, such as fatigue, increased heart rate, and not being able to exercise as efficiently. To combat the feeling of not being able to exercise as efficiently, people commonly try to exercise more. This leads to more dehydration and the cycle continues.

When the feeling of thirst hits, the body is already dehydrated. Even just minimal dehydration can cause a rise in blood pressure, which then makes the heart pump harder. When the heart must pump harder, the body feels more fatigued. It is easy to take a power nap and assume that the feeling will go away, but most people wake up feeling just as groggy as before because they are still dehydrated.

Testing the level of hydration that a body has is simple. The easiest way to determine hydration is by looking at the color of urine. A light yellow to clear color is the sign of a healthy level of hydration, while dark yellow means that the body does not have enough water. There is also a test called “tenting” where the skin on the back of the hand is gently pulled up. The time that it takes for the skin to return to its original position can be used to determine hydration levels, since skin elasticity relates to hydration. The recommended amount of water to drink in a day is 64 oz, or about 8 cups.

Keep in mind that there is a variety of factors that can affect hydration. The obvious one is exercise, whether it causes sweating or not. Men generally sweat more than women do, so their water needs might be greater. Air temperature plays a role in water needs as well, since the warmer it is outside the more water is used to cool down the body and the more is lost to evaporation. Any activity, be it running, walking, or swimming, can cause dehydration to occur.

Game and chill event gives students a chance to relax

BY TEWUAN THORNE
FLASHLIGHT CONTRIBUTOR

Spruce RAs created a video game and chill event for residents.

Held in one of the multipurpose rooms in Spruce, the room was divided into four sections. Each section had its own TV and gaming console. 20 participants attended between 8 and 11 p.m., playing a variety of games from Borderlands 2 to Mario Kart Double Dash. The games were played on an Xbox One, PlayStation 4, Super Nintendo, and GameCube. The RAs also provided chips and soda for attendees.

“I was happy to set up the event,” Dylan Woodring, one of the RAs who set up the event, said. “We might do this again two or three times in the future.” This event marked the first official gaming event in some time and all of the gaming systems were provided by the RAs.

Education major attends NEA national conference

Mansfield University Education major Hannah Swartwood (Jersey Shore, PA) was one of only 20 students from across the country selected to attend the National Education Association (NEA) National Leadership Summit held in Chicago March 16-18.

The theme for the 2018 Leadership Summit was “Uniting Our Members and the Nation: Empowering Leaders, Educating Students, and Strengthening Communities.” Swartwood, along with her fellow student scholarship winners and 2,000 in-services teachers attended.

Swartwood attended breakout sessions about the effects of school voucher programs on public schools, creating a professional learning plan to continue to improve my teaching and national board certification. She also attended the Aspiring Educators Caucus meeting and the Pennsylvania State Partnership for Leadership Development meetings.

“It was such an amazing experience to learn from, and alongside, incredible professionals in the education field,” Swartwood said.

To learn more about the Education and Special Education Department, go to mansfield.edu/edspeceed/
Mansfield outstanding seniors honor mentors

Eleven Mansfield University faculty were honored as 2017-18 Outstanding Senior Mentors at a reception on Monday, April 2.

They were recognized by MU’s Outstanding Senior nominees for being a positive influence on them and having mentored them as a student and future professional.

Each honoree received a certificate and a copy of the nominating letter from the student.

The honorees and the students who nominated them are:
- Bruce Carpenter, Business and Economics, nominated by Mackenzie Hafer
- Mary Feeney, Health Sciences, nominated by Sara Clauto
- Andrew Gaskievicz, History, Philosophy and Political Science, nominated by Jeffrey Pelachick
- Linda Kennedy, Geosciences, nominated by Dylan Baumbach
- Bonnie Kout bay, Art, nominated by Abigail Dolan
- Clarence Lienhard, Mathematics and Computer Information Science/Music, nominated by Matthew Getz
- Robert Maris, Biology, nominated by Claire Bachman and Stephanie Richards
- Lynn Pifer, English and World Languages, nominated by Adam Setzer
- Tiffany Welch, Social Work, Nominated by Katlyn Lutchko
- Michele Whitecraft, Education and Special Education and Mathematics and Computer Information Science/Music, nominated by Whitney Hurlburt and Richard Pollock
- Sue Young, Communication, nominated by Katherine Lipski
- The event was sponsored by the Office of the Provost.

The Outstanding Senior Award will be presented at Commencement on May 5.

The Flashlight
Spring 2018
Mansfield University of Pennsylvania Student Newspaper

Emma Lynch
Editor-in-Chief
Lucianna Minoia
Copy Editor
Kenneth Pate
Treasurer
Steven McCauley
Staff Writer/Secretary
Rebekah Rocha
Staff Writer
Zoe Esperseth
Staff Writer
Kimberly Scully
Staff Writer
Daniel Mason
Faculty Adviser

The Flashlight supports our professors and programs!

Mansfield students and professor tour Lewisburg Federal Penitentiary

Sixteen Mansfield University students, led by Assistant Professor of Criminal Justice Administration (CJA) Justin Crowl, toured Lewisburg Federal Penitentiary on Thursday, March 22.

The penitentiary, known for its rich history and architectural design, is a high security federal prison housed within the Federal Bureau of Prisons, a division of the U.S. Department of Justice.

For most of the students, all of whom are in Crowl’s Survey of Corrections course, it was the first time they went behind the walls of a federal prison.

An overview of the prison, often referred to as ‘The Big House’, was first provided by Warden Dave Ebbert, a 1987 Mansfield graduate and alumni of the CJA Department and practitioner with over 20 years of experience in the correctional field.

Students were provided valuable information about the history of the facility, the culture of federal prisons, staff-inmate dynamics, and correctional careers.

A tour of the facility, guided by unit managers and Shawn Barlett, executive assistant and camp administrator, then followed. Students viewed several two-person housing units, no larger than a typical college dorm room, some inhabited by prisoners serving life sentences with others housing cadre inmates. They also had the opportunity to tour various other parts of the prison, including the prison library, medical services, the gymnasium, a large room with auditorium-style seating that was once used to show movies to inmates, and the dining hall.

As a follow-up to the tour, students completed a reflection assignment in partial fulfillment of the requirements for Crowl’s class. Specifically, they were asked to reflect on the tour and discuss what they learned, relating some of the things they experienced to content previously discussed in class. Students were also asked to share their perceptions of the experience and, notably, what they would tell someone who has never toured a federal prison.

The students who participated in the tour were Aaron Benfer, Adam Brooks, Anthony Brown, Jordan Cowen, Dakota Eaton, Dylan Flexer, Stephanie Leister, Alecia Marmora, Ryan McClain, James Natali, Camren Ney, Lashay Parker, Shamina Rowland, Evan Shumway, Ceisean Tucker and Hannah Woodward.

To learn more about studying CJA at Mansfield, go to cja.mansfield.edu

Correction: In our previous issue we ran a story entitled “Relay for Life fundraising begins”. That story was written by Kimberly Scully, but was erroneously credited to Natalia Coles. The Flashlight regrets the error.
Editorial: “A for Angela”

BY EMMA LYNCH
EDITOR-IN-CHIEF

Growing up I frequently heard about the horrors that enveloped the world of online dating. The associated stigma swirled around in the back of my mind: warnings of serial killers, rapists, kidnappers and human traffickers, not to mention a significant amount of dishonesty. According to eHarmony, 53% of people lie on their dating profile. Lying on a profile might be a minor thing to some, but Statistic Brain’s page on online dating statistics shows that 10% of sex offenders use online dating to meet people. Romance scamming using online dating is the second biggest scam after investment fraud. 10% of members on dating sites are scammers, 51% are already in a relationship, and internet predators have committed more than 16,000 abductions, 100 murders and thousands of rapes every year.

All the while I watched commercials extolling the happiness to be found on online dating sites such as eHarmony. There are millions of members across the globe and it has become a billion-dollar industry. 17% of marriages began online between 2016 and 2017 and 20% of committed relationships began online in the same time frame. Despite the negativity, more and more websites and apps have launched over the last fifteen years and have been steadily growing in popularity.

You may be wondering why I’m giving you all these statistics on online dating. The simple truth is that dating in general can be dangerous. However, there are some who have taken steps to give people some protection whether they met their date online or in real life.

A couple years ago another friend shared the picture of what looked like a flier on Facebook, in regards to asking for Angela. Honestly, I’d forgotten about it for a time until Professor Mason asked me about it. So, I did my research. “Ask for Angela” began in 2016, in Lincolnshire, England. The fliers, like the one I saw a photo of, let viewers know that if they ended up in a bad or dangerous situation, all the viewer had to do was go up to the bar and ask any of the bartenders for “Angela.” “Angela” was a code word for needing help and, according to Hayley Child, the campaigns creator, it’s a play on the word “angel.”

Overall, the campaign received good reviews. According to the BBC posters were put up in both men and women’s bathrooms, because anyone could encounter a bad situation and need help. There have also been news reports over the past two years that this campaign, in its original form and in variation had been used successfully throughout the world.

To hear that someone started a campaign like this, and that it had spread globally, was music to my ears. There have been so many happy endings to online dating and dating in general, but I’ve also spent a lot of time listening to the horror stories and wishing that something could be done. It would be naïve to assume that everyone is honest, good, and kind, so I breathe a little easier knowing there are people thinking of ways to prevent occurrences of these real-life horror stories. I know that some may abuse the campaign, may use the code word to get out of a situation that isn’t truly dangerous or bad, just mildly uncomfortable. I know that not every bar, pub, or club on the planet has implemented this yet. It is, though, most definitely a start.

Mansfield social work faculty present at national conference; Research to be published in journal

Tiffany Welch, chair and field education director of the Department of Social Work, and Lisa Kunzmann, adjunct instructor of Social Work at Mansfield University, presented research at the School Social Workers Association of America (SSWAA) National Conference held in Columbus, OH March 14-17.

Welch and Kunzmann presented their research entitled “Assessing BSW Student Documentation Skills: An Exploratory Study,” which summarized an exploratory study that examined the quality of documentation among senior Bachelor of Social Work (BSW) majors in their last semester, in which they completed a 500-hour field practicum.

The Mansfieldians to perform at the historic Apollo Theatre

The Mansfieldians, Mansfield University’s highly select ensemble of singers specializing in vocal jazz, have been invited to perform in the 2018 New York City Jazz Festival at the world famous Apollo Theatre on Sunday, April 8 at 7:30 p.m.

They will be performing as the featured college ensemble in a concert with the John Fedchok Big Band and the internationally acclaimed vocal jazz ensemble The Real Group.

This year’s group, directed by Professor Sheryl Monkelien, consists of Brady Bennett, Ben Eisenhour, Robert Flora, Rachel Lehman, Veronica Phillip, Victoria Royal, Nathan Shedd and Tayana Woodron.

“It is exciting to think that we will be performing on the same stage as jazz greats like Billie Holiday, Ella Fitzgerald, Charlie Parker and Miles Davis,” Monkelien said. “Our students have been given a rare opportunity and are thrilled to be a part of this festival.”

The students will depart from MU on Friday, April 6 and take part in festival activities with other college and high school vocal jazz ensembles from around the world.

The Mansfieldians will have a chance to hear the other participating vocal and instrumental jazz ensembles, work with renowned jazz educators in a private clinic, experience some of what New York City has to offer, and most importantly, perform on the stage of the Apollo Theatre.

The trip is funded in part by Student Activities Fees.

To learn more about the Department of Music at MU, go to music.mansfield.edu

Mansfield music graduate takes third in international opera competition; Credits university for start

Lindsay Kate Brown, a 2013 Mansfield University graduate, placed third in the 30th annual Eleanor McCollum Competition for Young Singers sponsored by the Houston Grand Opera (HGO).

The competition and its final round, the Concert of Arias, are held annually to identify candidates for HGO’s internationally acclaimed Studio program, which nurtures young artists who have the potential for major careers in opera. The competition drew more than 500 entries from around the world.

“The competition was really a life changing experience, which sounds terribly corny, but is totally true,” Brown said. “As musicians, we spend countless hours perfecting our craft; we have to have a solid vocal technique, knowledge on how to speak multiple languages, be able to demonstrate musical concepts that are stylistically appropriate, and provide a performance with enough dramatic intention to convey the story behind the music. There are long work days and sometimes even longer nights, but it doesn’t matter because, at the end of the day, we are getting to do what we love. This competition was a representation of years of hard work and dedication to the music, but more than that, it was about getting people feeling something. Music was created to be felt and this competition was a way for me to help people feel and, almost more importantly, a sign that I am meant to do this. To be able to be surrounded by some of the best musicians in the world, doing what I love and changing people’s lives is something I’ll never forget.”

A mezzo-soprano, Brown is working towards her Artist Diploma at Rice University in Houston, TX. She graduated from MU with degrees in both Music Performance and Music Education. She also competed a degree in Opera Performance at Binghamton University in 2016 before enrolling in a Rice.

“Mansfield University was the reason I decided to go into opera,” Brown said. “I had always grown up singing in choirs and playing in instrumental ensembles and never showed any interest in opera, so it wasn’t until coming to Mansfield that I realized that I could change the world through music and, specifically, through opera. It wasn’t until I started taking voice lessons with Dr. (Todd) Ranney and he candidly said to me during a lesson, ‘You should think about auditioning for the opera.’ The thought of doing anything other than becoming a choral director never occurred to me. He pushed me to find a confidence in my talent and in myself to become an opera singer and I owe the start of my career to him. Dr. (Peggy) Dettwiler also played a huge part in helping me cultivate my musicianship and my artistry, first through my choral music and then through my solo work, I owe my freedom of expression to her.”

“This fall I will be joining Houston Grand Opera, one of the top opera houses in the country, as a studio artist, and I couldn’t have done that without the two of them (Ranney and Dettwiler) or without Mansfield University,” Brown added.

For more information about Brown, visit her website at lindsayKatebrown.com

To learn more about studying Music and Voice at Mansfield, go to music.mansfield.edu
Personal advertisments

New to The Flashlight:
We will be selling personal ad space in The Flashlight. For $1 you may have up to ten words. Tell someone happy birthday, give a senior a nice send-off. Either find us in Lower Manser on Wednesdays (staff schedule permitting) or put your $1 and what you want your ad to say in an envelope and slide it under our office door, found on 2M of Alumni.

Happy birthday Mikaila Nolasco! I hope your birthday is wonderful! - Kenneth Pate

Join The Flashlight! - Lucianna Minoa

Spaghetti is the best food. - Steven McCauley

“Nothing gold can stay.” - Robert Frost - Anonymous ad

I haven’t been everywhere, but it’s on my list. - Professor Dan Mason

It’s been a pleasure living, loving and learning here! Thanks! - Emma Lynch

Announcement: A special thanks goes out to Dr. Pifer’s Editorial Process class for their help editing stories this semester. It was both a fun learning experience, as well as extremely helpful to me. Thank you Alice, Taelor, Jess, Olivia, Tyler, Logan, Rachel, Adam, and Lizzie. Of course, thank you to Dr. Pifer as well.

Festival Chorus to present two performances of Annelies

The Mansfield University Festival Chorus, under the direction of Peggy Dettwiler, will present two performances of Annelies by James Whitbourn, the first major choral setting of The Diary of Anne Frank, with faculty soloist Alissa Rose singing the role of Anne Frank.

The performances will be held on Saturday, April 7 at 7:30 pm and Sunday, April 8 at 2:30 in Steadman Theatre.

The chamber ensemble will feature violinist Max Buckholtz, clarinetist Richard MacDowell, cellist Bradley Holtman, and pianist Eun-Joo Kwak. The program will also feature a video presentation of images taken during this very dark period in human history.

The diary Anne Frank wrote in her early teens, while she was hiding for two years during the Nazi occupation of the Netherlands, has been translated into 60 languages and included on several lists among the top books of the 20th century. Annelies (Anne’s full name) was a joyful and talented girl who dreamed of becoming a writer. The pages of her diary were found on the floor of the Annex after the family had been captured and taken to concentration camps. Had she lived, Anne would now be in her 80s.

The Festival Chorus is a mixed chorus of about 75 voices, which is open to all university students as well as community singers. Large scale performances with orchestra and professional soloists include Handel’s Messiah, Vivaldi’s Gloria, Orff’s Carmina Burana, Haydn’s Creation and Mass in Time of War, Mendelssohn’s Elijah, Mozart’s Mass in C Minor, Bach’s Mass in B Minor, Honegger’s King David, Jenkins’ The Armed Man: A Mass of Peace, and the Requiems by Brahms, Fauré, Mozart, Rutter, and Verdi. The Festival Chorus has produced numerous CDs and cassette recordings.

Alissa Rose, soprano, holds degrees in voice from the Oberlin Conservatory of Music, the Shepherd School of Music at Rice University, the Hochschule für Musik Detmold, and the University of Michigan School of Music, Theatre, and Dance, as well as a degree in Biochemistry from Oberlin College. Her operatic and concert engagements have taken her around the U.S., Europe and Israel. She has performed under such conductors as James Levine, Robert Shaw, and Zubin Mehta, and has coached with Martin Katz and Dawn Upshaw, among others.

Rose particularly enjoys contemporary music, and has premiered several operatic roles, song cycles and concert works. She joined the faculty of Mansfield University in the fall of 2008, and she teaches voice, diction and vocal pedagogy.

Tickets are $10 for adults, $8 for senior citizens and $5 for students and children. They can be purchased online at music.mansfield.edu or by calling (570)662-4710. Tickets will also be available at the door.

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Award winning writer shares poems and stories

BY EMMA LYNCH
EDITOR-IN-CHIEF

Sheryl St. Germain read 14 poems from her new book of poetry, as well as one essay, to a group of 37 people.

St. Germain is a native of New Orleans, Louisiana, and is currently the director of Chatham University’s MFA program after joining the university in 2005. She has been writing since she was a child, and earned her bachelor’s degree in English from Southeastern Louisiana University in 1979. She received her PhD from The University of Texas, Dallas, in Humanities in 1986.

Although she has not lived in Louisiana for about twenty years, she writes extensively on the culture and environment of the state. She has also written a great number of essays and poems on substance abuse, having lost her father, both brothers, and son to substance abuse. Her son died three years ago of a heroin overdose and her new book, The Small Door of Your Death, focuses on his death and the emotional pain that went along with it. She also delves into her own history of substance abuse, as well as her family’s.

“I never thought I would be a writer,” St. Germain said. “I switched to nutrition [in college] because I thought it would be easier. In the final English class I had to take, I wrote an essay and the professor asked if they could use it as a sample of a good essay. So, I switched back to English.”

St. Germain has won several awards in relation to her work, including the William Faulkner Creative Writing Award for the Personal Essay in 1999. She has also founded or co-founded several organizations: The Center for Excellence in the Arts and Humanities at Iowa State University, and Words Without Walls - which is a creative partnership between Allegheny County Jail, Chatham MFA Creative Writing Program, and Sojourner House.

“Write compassionately – even about your enemies,” St. Germain said. She also discusses how writing can be helpful to others. What is useful to her and what will be useful to others, which was a main reason behind publishing The Small Door of Your Death.

“Be brave enough to talk about topics that maybe aren’t easy to talk about or those closest to you don’t want you to,” Josh Hastings, an Organizational Communications major with a minor in Creative Writing, said. “She is an immensely amazing talker.”

Lilace Guignard, Instructor of Creative Writing and Outdoor Recreation Leadership, invited St. Germain to visit campus and do a poetry reading, her second in the past five years. Guignard and St. Germain met when Guignard was in grad school in Reno, Nevada. After hearing her read, Guignard got to know her at a conference in Mississippi where she and her husband, Dr. Jimmy Guignard – Chair of the Department of English and World Languages, both presented.

“Sheryl is real. She is inspiring,” Guignard said. “In her readings and in my classroom I watch students crack open in new exciting ways because of what Sheryl says and does. Her frankness about real world problems – addiction, abuse, motherhood, the dark and light of all relationships – is empowering. More than that, she is excellent at describing how and why she decides to share what she does.”

Dr. Clifford and the Honors Program, the English and World Languages Department, and the Provost’s office all helped fund this event to ensure that St. Germain was brought to campus.

Escape room provides students with a fun night

BY REBEKAH ROCHA
STAFF WRITER

Three Oak Hall RA’s held an escape room in the empty room, 302.

It was designed by Ryan, a criminal justice major, Quincy, who is duel majoring in Spanish and elementary education, and Eric, another criminal justice major. The theme was “clave” (like the board game) and was set up to take 50 minutes to escape.

Upon entering, players were given an initial prompt and a chance to set up. The prompt was simple: “You’re a group of investigators. You’ve been chasing a murderer for the past couple months. You’ve located his residence but end up getting captured. You wake up chained to the wall. You have 50 minutes to escape before he comes to kill you.”

The room was set up to represent a murder chamber. It was cold and the walls were covered in “blood”. A lot of thought was put into connecting the room with the story; one wall looked like the “murderer” had been tracking his victims and included articles on their deaths. Another wall had “fan mail” on it.

“The planning took us about 60 hours, and that’s probably an understatement,” Ryan said. “It took us another 40 hours to set up the room. We had to paint everything and make sure it all worked perfectly. I’m a minor in graphic design, so all the pictures on the wall were made using photo shop which took us another 20 hours.”

They choose the theme because it related to the two criminal justice major’s field. The threesome spoke to the head RA and then checked with housing to get approval for both the event itself and the use of the empty room.

“Our favorite part was watching the students,” Ryan said. “It was cool to see how they worked together to escape, and I liked seeing when the light bulb clicked.”

“You can’t forget watching the people freak out when they saw me,” Quincy said.

“I’d have to say this was more successful,” Erin said when comparing last semester’s Jurassic Park themed escape room to this one. “We’ve had about 50 people go through so far.”

“It was hard though,” Ryan said. “With it being a 50-minute game, we weren’t able to get as many people through as we would have liked to. Last semester it was a 30-minute game so we were able to get people through a lot quicker. We might hold it again next week so we can get more people through.”

“I hadn’t expected it to be as good as it was,” Julia, a nursing major and participant in the escape room, said. “Everything was so well thought out. I would definitely do it again if I could.”

Ryan also stated that, despite the 120-hour setup time, it was worth it. He hopes to do more in the future, although he doubts there will be another one this semester.

Students showcase their talents in annual scholarship program

BY ZOE ESPERSETH
STAFF WRITER

The eighth annual Showcase of Student Scholarships will continue to reward and acknowledge outstanding student projects from Fall 2017 and Spring 2018.

The Showcase for Student Scholarship provides students with an opportunity to submit projects to be viewed by members of the Mansfield community and university.

“It is a chance for everyone across campus to learn about the activities in departments other than their own. We aren’t usually aware of these impressive accomplishments,” Dr. Jeanne Kagle, a professor in the biology department and who is responsible for bringing this display to life, said.

Applications were due on March 26, but late applications may still be considered. Students still wishing to submit a project for consideration must complete an application form and email it to their faculty sponsor. All applications must be submitted for review by your faculty sponsor. Once the form is filled out, faculty sponsors will indicate their endorsement at the end of the form and then submit the form to showcase@mansfield.edu.

The application can be found at http://lib.mansfield.edu/studentshowcase.

Submissions chosen will be displayed in the Alumni Hall Showcase on Wednesday, April 18 in Alumni Hall. Students will receive approval and the Showcase program schedule by April 6.

“Submissions will be reviewed by faculty for inclusion in the Showcase. It is not a competition. We would like to have presentations representing as many aspects of student scholarship as possible,” Kagle said.

A wide variety of projects have been submitted in the past. Such submissions include projects such as posters from many different academic majors, literary readings and musical performances.

“The Showcase of Student Scholarship is an opportunity for Mansfield University students to share their research and creative endeavors with the entire Mansfield community. All participants have the opportunity to present their projects to the Mansfield community on April 18, 2018,” Kagle said. For any more information, regarding the Showcase for Student Scholarship, contact Jeanne Kagle at jkagle@mansfield.edu.
Baseball falls twice at #17 Lock Haven

Mansfield baseball dropped both ends of a PSAC East doubleheader at No. 17 Lock Haven Saturday afternoon at Watkins Field.

Lock Haven (12-4, 4-1 PSAC East) overcame an early deficit to win game one 8-4 before taking game two 4-3 on a walk-off hit.

Tyler Guidos put Mansfield (7-11, 1-4 PSAC East) on top early in the opener, drilling a two-run homer in the top of the first inning. It was the second on the season for Guidos.

The Bald Eagles got one back in the bottom of the inning, but Spencer Zuraski put Mansfield ahead by two runs again with an RBI single up the middle in the second inning to make it 3-1.

Lock Haven tied the game with a pair of runs in the third and took its first lead with two more runs in the fifth. The Eagles added three insurance runs in the sixth to earn the victory.

Jesse Slinger went the distance for Lock Haven for the win while striking out six batters. Evan McAndrew took the loss.

In the nightcap, Lock Haven put a run on the board in the bottom of the first, but the Mountaineers responded with a pair of runs in the second to take over the lead. Brady Mengel drove in the first with an RBI single through the left side before Carlos Espinosa scored on a double play ball.

The Bald Eagles countered with a pair of runs in the third to regain the lead at 3-2. In the top of the sixth inning, Mengel drove a two-out single through the left side to score Dio Infante and tie the game at 3-3. However, Lock Haven’s Nick Stotler came through clutch with a walk-off RBI single into right field to win the game and sweep the doubleheader.

Scott Leitholf moved to 4-0 on the mound, pitching 7.0 innings with seven strikeouts. Luke Hills took the loss.

Mansfield hosts Lock Haven on Monday at Shaute Field in a doubleheader that was originally scheduled for Friday, March 30.